



Consejo del chef

Plate the rice with a mousse ring and garnish with a square of edible copper.

Raciones para 2

For the rice:

500 gr Squid

400 gr Arborio Rice

1 Onion

1 Clove of garlic

125 ml Dry white wine

Squid ink

1 l Shellfish stock

Salt

Black pepper

Extra virgin olive oil

30 gr Butter

Parmesan cheese

To garnish:

Edible copper-look pieces

- 1 Heat the stock on one side and brown the squid on the other in a pan over high heat. Chop and set aside.
- 2 In a large pan, stir-fry the chopped onion and garlic. When the onion is translucent, add the wine and the squid ink, and reduce until the alcohol evaporates.
- 3 Then, incorporate the rice, toss well to combine with the ink, and cook for a minute. Add three ladles of stock and toss. Add the rest of the stock little by little and stir the rice from time to time until cooked, it will take around 15 minutes.
- 4 After ten minutes, combine it with the chopped squid and keep cooking it for the rest of the five minutes. Add some butter and Parmesan cheese.

Chef's Notes

<https://cookinglovers.teka.com/es/receta/risotto-negro-pan-cobre/>

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