Sangria popsicles



Consejo del chef

Enjoy one of the most typical summer flavours in the most refreshing way!

Raciones para 4

- ❏ **750 ml** Red wine
- ❏ **330 ml** Lemon flavoured drink (soda)
- ❏ Sugar to taste
- ❏ **1** Cinnamon stick
- ❏ Lemon peel
- ❏ - Seasonal fruit, diced (cherries, peaches, apples, strawberries…)

1. Prepare the sangria in a glass jar. Pour the wine, lemonade, and sugar to taste. Stir to combine well.
2. Add the cinnamon stick and lemon peel and place in the refrigerator.
3. Meanwhile, wash and dice your favourite fruit. Place them inside the popsicle moulds. We need to put enough fruit inside so the dices don’t float when we add the sangría.
4. Fill in the moulds with sangria and place them in the freezer until they are ready.
5. Immerse them into lukewarm water for a few seconds to unmold.

Chef's Notes

https://cookinglovers.teka.com/en/receta/polos-de-sangria/