



## Consejo del chef

Decorate with vegetable whipped cream, melted chocolate, chopped biscuits and chocolate shavings.

## Raciones para

2 Very ripe bananas  
1 Can of coconut milk  
50 ml Vegetable drink  
5 Lotus biscuits (or others to taste)  
4 Tablespoons of cocoa powder  
1 Teaspoon of vanilla extract  
Vegetable whipped cream  
Melted chocolate  
Chopped biscuits  
Dark chocolate chips

- 1 Freeze the bananas without skin and sliced the night before and use very cold coconut oil to make the smoothie well chilled.
- 2 Place all the ingredients in the blender and process until you obtain a thick and smooth smoothie.
- 3 Place in the fridge for 30 minutes to blend the flavours well.
- 4 Melt a couple of ounces of chocolate in a bain-marie and decorate the base of a glass or cup.
- 5 Place in the freezer for 10 minutes so that the chocolate solidifies.
- 6 Remove from the fridge and pour the milkshake in until the glass is full.

# Chef's Notes

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<https://cookinglovers.teka.com/es/receta/milkshake-chocolate-vegano/>

