



Consejo del chef

Garnish with the whipped cream, syrup to taste, and the cherries on each whipping cream top, with chopped nuts all over.

Raciones para

200 ml Heavy cream

50 gr Sugar

4 Balls of chocolate ice-cream

4 Balls of vanilla ice-cream

4 Balls of strawberry ice-cream

4 Bananas

Caramel syrup

Chocolate syrup

Cherries in syrup

Nuts

- 1 Whisk the heavy cream with sugar using an electric mixer until stiff peaks. Set aside in the refrigerator and into a piping bag.
- 2 In a long, boat plate, place a strawberry ball, one of chocolate and another one of vanilla ice cream.
- 3 Cut the banana lengthwise and put each half on both sides of the ice cream balls.

Chef's Notes

<https://cookinglovers.teka.com/es/receta/banana-split-al-estilo-american-retro/>

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