



## Consejo del chef

Garnish with the whipped cream, syrup to taste, and the cherries on each whipping cream top, with chopped nuts all over.

## Raciones para

200 ml Heavy cream

50 gr Sugar

4 Balls of chocolate ice-cream

4 Balls of vanilla ice-cream

4 Balls of strawberry ice-cream

4 Bananas

Caramel syrup

Chocolate syrup

Cherries in syrup

Nuts

- 1 Whisk the heavy cream with sugar using an electric mixer until stiff peaks. Set aside in the refrigerator and into a piping bag.
- 2 In a long, boat plate, place a strawberry ball, one of chocolate and another one of vanilla ice cream.
- 3 Cut the banana lengthwise and put each half on both sides of the ice cream balls.

# Chef's Notes

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<https://cookinglovers.teka.com/es/receta/banana-split-al-estilo-american-retro/>

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