Yogurt with cereals and citrus





Consejo del chef

You can dress the vegetable pad thai, serve, and top with some coriander.

Raciones para 1

150 gr Greek yogurt

- 1 Grapefruit
- 1 Orange
- 100 gr Oat flakes

100 gr Chopped nuts (hazelnuts, walnuts, pistachios)

30 gr Sliced coconut

50 gr Agave syrup

- Prepare the muesli with nuts and the sliced coconut, all roasted in a pan until brown.
- Add oat flakes and agave syrup and cook until all the ingredients are brown as well. Place on a plate to cool.
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Chef's Notes			

https://cookinglovers.teka.com/es/receta/granola-casera-con-yogur-y-citricos/

