

# Quick strawberries and banana ice-cream

COOKING  
LOVERS TESA



## Consejo del chef

You can use other vegetable milk instead of coconut milk and strawberries for blueberries, raspberries... whatever you like.

## Raciones para 2

**2** Frozen bananas

**130 gr** Frozen strawberries

**60 gr** Coconut milk

**10 gr** Agave syrup

A pinch of salt

A pinch of vanilla

1

Blend all the ingredients with a mixer until you have a uniform cream.

2

Serve ice cream in a bowl (or ice pop moulds and freeze again) and add your favourite toppings: diced fruit, grated coconut, granola...

# Chef's Notes

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<https://cookinglovers.teka.com/es/receta/helado-rapido-de-fresas-y-platano/>

