

Quick strawberries and banana ice-cream

COOKING
LOVERS TESA



Consejo del chef

You can use other vegetable milk instead of coconut milk and strawberries for blueberries, raspberries... whatever you like.

Raciones para 2

2 Frozen bananas

130 gr Frozen strawberries

60 gr Coconut milk

10 gr Agave syrup

A pinch of salt

A pinch of vanilla

- 1 Blend all the ingredients with a mixer until you have a uniform cream.
- 2 Serve ice cream in a bowl (or ice pop moulds and freeze again) and add your favourite toppings: diced fruit, grated coconut, granola...

Chef's Notes

<https://cookinglovers.teka.com/es/receta/helado-rapido-de-fresas-y-platano/>

