Chicken skewers with yoghurt sauce





Consejo del chef

Serve these tasty chicken and vegetable skewers with some yoghurt sauce.

Raciones para 6

- 2 Chicken breasts
- 1 Green pepper
- 1 Yellow pepper
- 1 Courgette
- 140 gr Cherry tomatoes

Extra virgin olive oil

Salt

Pepper

Cumin

Paprika

1/2 Cucumber

Mint

- 3 gr Chives
- 2 Greek yoghurts
- 1/2 Lime

- For the yoghurt sauce: finely chop the cucumber, mint and chives and mix with the yoghurt, the juice of half a lime, salt and pepper. Set aside.
- For the skewers: dice the chicken breast, the red and yellow peppers and cut the courgette into half-moons. Assemble the skewers by alternating the above ingredients and the cherry tomatoes to taste.
- Prepare a dressing by mixing the oil with the salt and spices and brush the skewers. In the meantime, preheat the oven in SteakMaster function and in manual mode.

Chef's Notes		

https://cookinglovers.teka.com/es/receta/pinchos-morunos-de-pollo-y-verduras/

