

Baked chickpeas, figs, and thyme bruschetta

COOKING
LOVERS TRIA



Consejo del chef

You can add some veggie cheese dices or use all the bruschetta toppings with some walnuts to make a big salad.

Raciones para 2

4
Slices of sourdough bread
400gr
Canned chickpeas
4
Ripe figs
2
Cloves of garlic
1
Lemon
Olive oil
Black Pepper
Salt
Fresh thyme
Arugula salad

- 1 Toast bread slices and save.
- 2 Drain chickpeas and place them on an oven tray. Add salt and pepper to taste, lemon zest and juice, fresh thyme, and a dash of olive oil.
- 3 Bake at 200°C for 15 minutes.
- 4 Slice figs and place them on the bread. Spread the chickpeas and the arugula salad too and add virgin olive oil, vinegar, and salt.

Chef's Notes

<https://cookinglovers.teka.com/es/receta/tosta-de-garbanzos-asados-higos-y-tomillo/>

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