



## Consejo del chef

Once the cheese is melted, add a bunch of ground black pepper, chopped chives, and enjoy your Mac and Cheese piping hot.

## Raciones para 1

1 cup  
Macaroni or short pasta  
1 cup  
Whole milk or evaporated  
  
Cheddar cheese

- 1** To start preparing these American-style macaroni and cheese, cover a cup of pasta with water and a pinch of salt. Originally, curved or elbowed macaroni is used, but it can also be made with traditional macaroni.
- 2** Cook pasta for two minutes in the microwave at 800W to cook it. Once this time has passed, stir them and put them in the microwave for two more minutes. If water is missing, you can add some more.
- 3** When the macaroni is cooked, cover them this time with a cup of milk and cheddar cheese. Stir everything well so that the cheese is integrated and put the macaroni in the microwave for 30 seconds.

# Chef's Notes

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<https://cookinglovers.teka.com/es/receta/macarrones-con-queso-al-estilo-americano/>

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