

Raciones para 1

80 g
Rice

70 g
Pumpkin

25 g
Butter

10 g
Parmesan cheese

200 ml
Broth

Sage

- 1 To prepare the Risotto put the rice and the broth in a microwaveable container. Cover with film and let it cook in the microwave at medium power for 8 minutes.
- 2 Take the bowl out of the microwave, stir, add the pumpkin and let it cook for another 7 minutes.
- 3 Finally add the butter, the parmesan cheese and the sage. Add salt and pepper and the Risotto is ready. Easy, right?

Chef's Notes

<https://cookinglovers.teka.com/en/receta/risotto-de-calabaza-y-parmesano/>

