## **Pumpkin and Parmesan Risotto**



## Raciones para 1

80 g
Rice
70 g
Pumpkin
25 g
Butter
10 g
Parmesan cheese
200 ml
Broth

Sage

- To prepare the Risotto put the rice and the broth in a microwaveable container. Cover with film and let it cook in the microwave at medium power for 8 minutes.
- Take the bowl out of the microwave, stir, add the pumpkin and let it cook for another 7 minutes.
- Finally add the butter, the parmesan chesee and the sage. Add salt and pepper and the Risotto is ready. Easy, right?

Chef's Notes		

https://cookinglovers.teka.com/es/receta/risotto-de-calabaza-y-parmesano/

