

## Raciones para 2

125 g  
Cooked quinoa  
200 g  
Baked sweet potato  
30 g  
Grated cheese  
0  
Some lettuce leaves

- 1 Place in a large bowl sweet potato purée and add boiled quinoa and grated cheese. Smash and mix with a fork until all the ingredients are well combined.
- 2 Shape some small balls with your hands. Wet your hands with water to make it easier.
- 3 Heat a skillet with some olive oil and fry the bites for a minute on both sides.
- 4 Serve with some yoghurt sauce and lettuce or other veggie leaves.

## Chef's Notes

---

---

---

---

<https://cookinglovers.teka.com/es/receta/bolitas-de-quinoa-y-boniato-con-queso-y-salsa-de-yogur/>

**COOKING**  
**LOVERS** 