Broccoli Rice with Cheese and Nuts

Raciones para 1

- ❑ 1 Broccoli
- ❑ 1 Garlic clove
- ❑ 50 g Feta cheese
- ❑ 15 g Cashews
- ❑ 15 g Almonds
- ❑ 15 g Hazelnuts
- ❑ Salt
- ❑ Olive oil

1. Start grating the broccoli until you reach the stalk with a grater of large holes.
2. Stir-fry a clove of garlic with a dash of olive oil in a frying pan. When the garlic is golden brown, add the broccoli and some salt, and stir-fry for 2 minutes.
3. Serve the broccoli rice on a dish and sprinkle it with crumbled feta cheese and chopped nuts.
4. Finish with a dash of lime juice and olive oil.

Chef's Notes

https://cookinglovers.teka.com/en/receta/cous-cous-de-brocoli-con-frutos-secos-y-queso-feta/