Banana and chocolate popsicles



Consejo del chef

You can store them in an airtight container and enjoy them whenever you want

Raciones para 4

- ❑ 2 Bananas
- ❑ 300 g Chocolate
- ❑ Almonds
- ❑ Pistachios
- ❑ Grated coconut
- ❑ Caramel balls

1. We start by peeling the bananas, cut them in half and stick an ice cream stick in them. Then we keep them in the freezer for about 2 hours.
2. In the meantime we can prepare the toppings we like the most. In our case we have chopped some toasted almonds and some pistachios and we have placed them on a flat dish next to the grated coconut and caramel balls.
3. When the banana is already frozen, we melt the dark chocolate in a bain-marie and put it in a tall glass.
4. Put the frozen bananas in the chocolate, let the excess chocolate fall and pass it through each of the toppings.
5. We let the chocolate crystallize and we have a delicious and healthy snack!

Chef's Notes

https://cookinglovers.teka.com/en/receta/polos-de-platano-y-chocolate/