Lemon and Chocolate Chips Muffins





Consejo del chef

You can store them in an airtight container and enjoy them whenever you want

Raciones para 4

240 g Milk 65 g Coconut flour 220 q Wholemeal spelled flour 1 teaspoon Vinegar 1 teaspoon Yeast 1 teaspoon Baking soda 1 pinch Salt 100 g Coconut or cane sugar 1 pinch Turmeric powder 70 g Olive oil Zest of 1 lemon 50 q Lemon juice 1 tablespoon Liquid vanilla 1 natural Yogurt 1 handful Chocolate chips

- Mix the milk with the lemon juice, vinegar and reserve.
- 2 Apart, mix the yeast, salt, baking soda, flours, grated lemon, turmeric and sugar.
- 3 Add the oil, yogurt and vanilla to milk, and beat well to integrate everything.
- 4 Now, add the solid mixture to the liquid.
- 5 Once everything is well combined and without lumps, we add the chips chocolate.
- 6 On a muffin tray, spread the dough into cupcake papers, filling ³/₄ parts of the capacity.
- 7 Insert them in the oven, preheated to 190°, for 16 minutes.
- 8 After the time, check with a stick that they are cooked. If the stick comes out clean, take them out and let them cool.

Chef's Notes

https://cookinglovers.teka.com/es/receta/muffins-de-limon-y-chocolate/

