



Consejo del chef

We can do this cream with fresh or frozen peas.

Raciones para 6

150 g
Muesli
50 g
Butter
500 g
Greek yogurt

Raspberries

Blueberries

- 1** Crush muesli with a mortar and pestle. When we had dissolved all the muesli balls, we add melted butter and combine well.
- 2** Spread the mix in an oven tray with parchment paper and bake for 10 minutes at 180°C.
- 3** When the muesli is completely cold, spread yogurt all over and decorate with frozen blueberries and raspberries.
- 4** Freeze the mix for at least 5 hours. Then, remove from the freezer and cut into bars. Ready!

Chef's Notes

<https://cookinglovers.teka.com/es/receta/tarta-helada-de-yogurt-y-frutos-rojos/>

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