



## Consejo del chef

We can do this cream with fresh or frozen peas.

## Raciones para 6

150 g  
Muesli  
50 g  
Butter  
500 g  
Greek yogurt  
  
Raspberries  
  
Blueberries

- 1** Crush muesli with a mortar and pestle. When we had dissolved all the muesli balls, we add melted butter and combine well.
- 2** Spread the mix in an oven tray with parchment paper and bake for 10 minutes at 180°C.
- 3** When the muesli is completely cold, spread yogurt all over and decorate with frozen blueberries and raspberries.
- 4** Freeze the mix for at least 5 hours. Then, remove from the freezer and cut into bars. Ready!

# Chef's Notes

---

---

---

---

<https://cookinglovers.teka.com/es/receta/tarta-helada-de-yogurt-y-frutos-rojos/>

**COOKING**  
**LOVERS** 