Green tea and red berries popsicles

Raciones para 4

- ❏ 125 g
Sugar
- ❏ 25-30 g
Green tea or 5 tea bags
- ❏ 1 l
Water
- ❏ 250 g
Red berries
- ❏ 1 teaspoon
Ground, fresh ginger

1. Fill a pot or a teapot with water and bring it to a boil.
2. Add tea, ground ginger, and sugar. Remove from heat to mix and brew for a few minutes.
3. Fill the molds with the red berries mix and pour the tea.
4. Place the popsicle sticks and store in the freezer for at least 6 hours.
5. Remove from the molds, and enjoy this fresh ice-cream in popsicles.

Chef's Notes

https://cookinglovers.teka.com/en/receta/polos-de-te-verde-y-frutos-rojos/