

# Green tea and red berries popsicles

## Raciones para 4

125 g  
Sugar  
25-30 g  
Green tea or 5 tea bags  
1 l  
Water  
250 g  
Red berries  
1 teaspoon  
Ground, fresh ginger

- 1 Fill a pot or a teapot with water and bring it to a boil.
- 2 Add tea, ground ginger, and sugar. Remove from heat to mix and brew for a few minutes.
- 3 Fill the molds with the red berries mix and pour the tea.
- 4 Place the popsicle sticks and store in the freezer for at least 6 hours.
- 5 Remove from the molds, and enjoy this fresh ice-cream in popsicles.

# Chef's Notes

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<https://cookinglovers.teka.com/es/receta/polos-de-te-verde-y-frutos-rojos/>

**COOKING**  
**LOVERS** 