

Raciones para 4

125 g
Sugar

25-30 g
Green tea or 5 tea bags

1 l
Water

250 g
Red berries

1 teaspoon
Ground, fresh ginger

- 1 Fill a pot or a teapot with water and bring it to a boil.
- 2 Add tea, ground ginger, and sugar. Remove from heat to mix and brew for a few minutes.
- 3 Fill the molds with the red berries mix and pour the tea.
- 4 Place the popsicle sticks and store in the freezer for at least 6 hours.
- 5 Remove from the molds, and enjoy this fresh ice-cream in popsicles.

Chef's Notes

<https://cookinglovers.teka.com/en/receta/polos-de-te-verde-y-frutos-rojos/>

