

# Spaghetti with mushrooms and garlic creamy sauce

COOKING  
LOVERS 

## Raciones para 1

600 g  
Mushrooms  
8  
Garlic cloves  
200 ml  
Single cream  
100 ml  
Whole milk  
400 g  
Spaghetti  
  
Extra virgin olive oil  
  
Salt  
  
Ground black pepper  
  
Fresh parsley

- 1 Clean the mushrooms to remove possible dirt. Remove the base of each mushroom and peel the tops. Chop all bases and tops in pieces of similar size.
- 2 Peel the garlic cloves and chop finely. Heat some extra virgin olive oil in a large pan and add the garlic. Stir a little (do not let it brown), add the mushrooms, season to taste and cook over medium heat for 10 minutes.
- 3 Add the single cream and the milk and cook on high for a couple of minutes for flavours to blend together. Keep aside.
- 4 Boil the spaghetti according to the manufacturer's instructions. Drain, keeping some cooking liquid. Add the spaghetti to the pan with the sauce, stir and adjust the thickness of the sauce with the reserved cooking water.
- 5 Serve immediately with fresh parsley leaves and enjoy!

# Chef's Notes

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<https://cookinglovers.teka.com/es/receta/espaguetis-con-salsa-cremosa-de-champinones/>

