

Spaghetti with mushrooms and garlic creamy sauce

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Raciones para 1

600 g
Mushrooms
8
Garlic cloves
200 ml
Single cream
100 ml
Whole milk
400 g
Spaghetti

Extra virgin olive oil

Salt

Ground black pepper

Fresh parsley

- 1 Clean the mushrooms to remove possible dirt. Remove the base of each mushroom and peel the tops. Chop all bases and tops in pieces of similar size.
- 2 Peel the garlic cloves and chop finely. Heat some extra virgin olive oil in a large pan and add the garlic. Stir a little (do not let it brown), add the mushrooms, season to taste and cook over medium heat for 10 minutes.
- 3 Add the single cream and the milk and cook on high for a couple of minutes for flavours to blend together. Keep aside.
- 4 Boil the spaghetti according to the manufacturer's instructions. Drain, keeping some cooking liquid. Add the spaghetti to the pan with the sauce, stir and adjust the thickness of the sauce with the reserved cooking water.
- 5 Serve immediately with fresh parsley leaves and enjoy!

Chef's Notes

<https://cookinglovers.teka.com/es/receta/espaguetis-con-salsa-cremosa-de-champinones/>

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