Mussels with ginger sauce



Raciones para 2

1 bag Mussels

Extra virgin olive oil

1 Leek

3 Garlic cloves

1 tablespoon Grated fresh ginger

100 ml Brandy

Fresh parsley 200 ml Cooking cream

- Clean the mussels under running water.
- In pan add 3-4 tablespoons olive oil. Once hot, saute the chopped leek and when transparent add chopped garlic, grated ginger and fry a few minutes.
- Add the brandy and let it cook until alcohol evaporates. Add the mussels, cover the pan and wait. Once they are all opne, remove from pan and reserve.
- Add chopped parsley, cream and let the sauce reduce. Finally add the mussels into the pan and mix with the sauce. Serve decorated with chopped parsley.
- To peel ginger is best to use a spoon, scrape to remove the skin and then use a grater. If you do not use it all, you can keep it in the refrigerator.

Chef's Notes			

https://cookinglovers.teka.com/es/receta/mejillones-en-salsa-de-jengibre/

