

# The Golden Noodles: turmeric noodles with vegetables

COOKING  
LOVERS

## Raciones para 1

200 g  
Noodles wide rice

1 tablespoon  
Turmeric

Oil

50 g  
Broccoli

20 g  
Celery

40 g  
Tofu

1  
Egg

Peanuts

Spring onion

15 g  
Sugar

20 g  
Rice vinegar

20 g  
Soy sauce

- 1 For turmeric noodles, put the noodles in a deep pan and sprinkle one tablespoon turmeric Pour boiling water and let stand about 30 minutes Then strain the noodles and set aside
- 2 For the sauce, mix the sugar , vinegar and soy until everything is integrated Reserve
- 3 In a large pan, pour oil and saute the broccoli, celery and tofu
- 4 When the vegetables get lightly browned , add the noodles and the sauce and cook for a couple minutes
- 5 Finally, add the egg and turn off the heat Stir it well only with the heat the pan itself until the egg curdling
- 6 Add your turmeric noodles peanuts and scallions over and serve hot

## Chef's Notes

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<https://cookinglovers.teka.com/en/receta/fideos-de-curcuma-y-verduras-noodles-dorados/>

