

# The Golden Noodles: turmeric noodles with vegetables

COOKING  
LOVERS TRNA

## Raciones para 1

200 g  
Noodles wide rice

1 tablespoon  
Turmeric

Oil

50 g  
Broccoli

20 g  
Celery

40 g  
Tofu

1  
Egg

Peanuts

Spring onion

15 g  
Sugar

20 g  
Rice vinegar

20 g  
Soy sauce

- 1 For turmeric noodles, put the noodles in a deep pan and sprinkle one tablespoon turmeric. Pour boiling water and let stand about 30 minutes. Then strain the noodles and set aside.
- 2 For the sauce, mix the sugar, vinegar and soy until everything is integrated. Reserve.
- 3 In a large pan, pour oil and saute the broccoli, celery and tofu.
- 4 When the vegetables get lightly browned, add the noodles and the sauce and cook for a couple minutes.
- 5 Finally, add the egg and turn off the heat. Stir it well only with the heat of the pan itself until the egg curdles.
- 6 Add your turmeric noodles, peanuts and scallions over and serve hot.

# Chef's Notes

---

---

---

---

<https://cookinglovers.teka.com/es/receta/fideos-de-curcuma-y-verduras-noodles-dorados/>

**COOKING**  
**LOVERS** 