Roasted chicken with steamed potatoes



Raciones para 4

2 Chicken leg quarters

1 Garlic clove

1 teaspoon Mix of spices/peppers

4 tablespoons Extra virgen olive oil

1 Lemon juice

Salt

Fresh rosemary

500 g Potatoes

3 Garlic cloves

Fresh parsley (chopped)

3 tablespoons Extra virgen olive oil

Salt flakes

- In a bowl, mix the spices, salt, oil and lemon juice, and stir until incorporated. Using the hands, massage all the legs of chicken with the mixture so it is distributed evenly.
- Place the chicken in the SteamBox tray and sprinkle with the remaining of the mixture. Add a sprig of rosemary to give some aroma.
- Wash the potatoes well to remove any dirt.
- In a bowl, mix the chopped parsley and finely chopped garlic. Add a pinch of salt and olive oil.
- Add this mix to the potatoes and place it in the tray.
- Fill the base of the SteamBox tray with water and place both racks with chicken and potatoes. Close the SteamBox with the lid.
- Place it in the oven for 40-50 minutes (the oven must be preheated). If we want to give a chrispy and golden touch to our dish, remove the lid and let it grill for a few minutes.
- Serve and enjoy a delicious dish. If you like to, by steam cooking you can reduce the amount of oil to make it and keeping the aroma and flavor of food.

Chef's Notes			

https://cookinglovers.teka.com/es/receta/pollo-asado-al-horno-con-patatas-al-vapor/

