The perfect breakfast to surprise on Mother's Day



Consejo del chef

And remember not forget to prepare fresh fruit for a freshly squeezed juice. Squeezing fruit to fill a glass of juice, and serve along with the rest of the breakfast. Surprise her with a good sweet morning.

Raciones para 4

- ❏ 1
  Puff pastry
- ❏ 100 g
  Butter, melted
- ❏
  Brown sugar
- ❏
  Cinnamon powder

1. To make palmeritas, prepare the pastry dough on a surface and paint it with melted butter.
2. Sprinkle brown sugar puff uniformly on the plate. Then, using a strainer, sift powdered cinnamon to taste.
3. Roll puff pastry joining both ends to the center, forming a palmerita shape and cut with a knife with a gap of approximately 2 cm.
4. Place palmeritas on a baking tray on top of baking paper.
5. Palmeritas will bake for 15 minutes at 180 º C. Cool completely before serving.
6. While palmeritas are cooling, prepare the mom's favorite cup of coffee or tea.

Chef's Notes

https://cookinglovers.teka.com/en/receta/palmeritas-de-hojaldre/