

# The perfect breakfast to surprise on Mother's Day

COOKING  
LOVERS TRIKA



## Consejo del chef

And remember not forget to prepare fresh fruit for a freshly squeezed juice. Squeezing fruit to fill a glass of juice, and serve along with the rest of the breakfast. Surprise her with a good sweet morning.

## Raciones para 4

1  
Puff pastry  
100 g  
Butter, melted  
  
Brown sugar  
  
Cinnamon powder

- 1 To make palmeritas, prepare the pastry dough on a surface and paint it with melted butter.
- 2 Sprinkle brown sugar puff uniformly on the plate. Then, using a strainer, sift powdered cinnamon to taste.
- 3 Roll puff pastry joining both ends to the center, forming a palmerita shape and cut with a knife with a gap of approximately 2 cm.
- 4 Place palmeritas on a baking tray on top of baking paper.
- 5 Palmeritas will bake for 15 minutes at 180 ° C. Cool completely before serving.
- 6 While palmeritas are cooling, prepare the mom's favorite cup of coffee or tea.

# Chef's Notes

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<https://cookinglovers.teka.com/es/receta/palmeritas-de-hojaldre/>

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