Steamed homemade gyozas





Consejo del chef

Plate the gyozas and garnish with sesame seeds and spring onion. Serve the sauce on the side.

Raciones para 2

- 1/4 Cabbage
- 2 Carrots
- 1 Courgette

Shiitake mushrooms

Olive oil

200 gr Minced pork

- 2 Spring onions
- 1 Tablespoon grated ginger
- 1 Tablespoon grated garlic
- 1 Tablespoon sesame oil
- 1 Egg

Salt

White pepper

Gyoza wrappers

60 ml Soy sauce

30 ml Rice vinegar

- 1 Tablespoon sesame oil
- 1 Teaspoon honey

Sesame seeds (for decoration)

Spring onion (for decoration)

- Chop the cabbage, carrots, courgette, and shiitake mushrooms into small pieces. Mix and season with salt and a dash of olive oil. Place on a baking tray lined with parchment paper and bake in a conventional steam oven, with top and bottom heat at 190° C for 15 minutes.
- Let cool and mix in a bowl with the minced pork, chopped spring onion, ginger, garlic, sesame oil, and an egg. Season with salt and white pepper. Mix until all the ingredients are well combined.
- Fill the gyoza wrappers with a spoonful of filling. Moisten the edge of the wrapper with a bit of water and seal carefully.
- Place on the perforated tray and cook in the 100 % steam oven for 6 minutes. Meanwhile, prepare the sauce by mixing all the ingredients.

Chef's Notes			

https://cookinglovers.teka.com/es/receta/gyozas-caseras-al-vapor/

