



## Consejo del chef

Serve with the pakoras, and garnish everything with chopped spring onion stalks.

## Raciones para 4

1 Potato  
2 Carrots  
1 Spring onion  
½ Courgette  
Salt  
1 Teaspoon Turmeric  
½ Teaspoon Cumin  
1 Teaspoon Curry  
60 gr Chickpea flour  
20 gr Rice flour  
100 ml Water  
4 gr Olive oil  
4 gr Coriander  
40 gr Tahini  
1 Greek yogurt  
1 Clove of garlic  
50 ml Lemon juice  
1 gr Fresh ginger  
Spring onion stalk

- 1 For the pakoras, peel potatoes and carrots. Julienne all the vegetables, including the spring onion and courgette.
- 2 Cook on high heat on a grill to lightly brown the outside. Set aside in a mixing bowl.
- 3 Add the spices, flours, and pour the water little by little to combine all the ingredients thoroughly.
- 4 Make mounds from the dough and place them over the perforated AirFry tray lined with parchment paper.
- 5 Sprinkle with olive oil spray and cook for 10 minutes at 220 °C.
- 6 For the sauce, combine all the ingredients in a beaker or similar container and blend until soft.

# Chef's Notes

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<https://cookinglovers.teka.com/en/receta/pakorras-airfry/>

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